

## Dairy closes briefly for repairs

Duane Thies

The dairy processing plant has been closed due to a breakdown of the homogenizer, which may have affected some milk. (A homogenizer breaks up the fat globules in milk in order to distribute them evenly throughout.)

The dairy was still open for faculty sales of ice cream and fruit drinks with the same hours—3 to 5:15 Monday through Friday afternoons. Since milk from the dairy had to be sold wholesale, milk for campus use was purchased from Lustrite Dairy in St. Joseph.

Many students have complained recently about the quality of the milk. One student, Frank Offutt, wrote letters about the food service to President Albert Foster; Del Simmons, food service director; and the Northwest Missourian. Offutt stated that a person working in the dairy had told him that they were having problems with the homogenizer and that milk was being contaminated with oil and metal shavings during the homogenizing process.

The food service temporarily invalidated Offutt's meal card so that they could get in touch with him and hear his complaints. Offutt commented that "the matter has been settled and is now up to the administration" because all of his complaints are being corrected.

Del Simmons reported that he had complained to the dairy several times earlier about milk souring after only three days of refrigeration. He said after complaints had been made by Offutt and



photo by Jerry Benson

A homogenizer at the University dairy was recently out of order, causing some of the milk to be of poor quality. The situation has now been corrected and the dairy has reopened.

other students that they had tasted oil in the milk, he notified the dairy, which was closed down seven days later. Simmons said he would not allow the milk to be served in the cafeteria until the problem is corrected.

Larry Morris, head of dairy processing, said that a health inspector

from St. Joseph had conducted bacterial and other tests as often as twice a month and had found that the milk had been processed properly. Morris stated that the inspector would have closed the dairy, had oil or metal shavings been found in the milk. He feels that persons should not overlook the positive things

the dairy has done—installing new equipment, such as a new bottling machine to bottle the milk in glass containers and a machine for making a new kind of cottage cheese. The dairy hopes to start producing other new products such as yogurt, sour cream, and eggnog.



photo by Jerry Benson

In a very few years, Sailesh has traveled to 50 countries, delved in numerous lifestyles and is about to graduate from NWMSU.

## Student discusses travels

Barb Guhlke

Have you ever envied Henry Kissinger's constant globe-trotting? Does the lure of faraway and exotic places tug at your heart-strings and trip your fancy? "Oh well," you sigh, "so much for dreaming." The next best thing to do is to talk with someone who's done it. We don't have Henry handy, but you could talk with Sailesh Patry.

NWMSU senior Sailesh has visited about 50 countries, with long-term stays in four. Born in India, in the state of Andhra Pradesh, city of Hyderabad, he left India at the age of four and visited in 1966 and 1974. He resided in Jamaica for the next five years with his parents and brother. His father, a manager for an international insurance corporation, was transferred there, as his duties take the family all over the world.

During those five years, the family made several side-trips to Europe before business took them to Guyana, South America for the next several years. When the time came for high school, Sailesh chose to attend school in California where an aunt and uncle resided. He graduated from Mountain View High School in Mountain View, Calif. and from there went to Foothill Junior College in Los Altos Hills, around the San Francisco Bay Area.

California became one of Sailesh's favorite places. "I consider California my United States 'home.' The climate is ideal and I made many good friends."

Sailesh had a roommate in California who received his MBA degree at NWMSU and recommended this school, so Sailesh came here this semester. He plans to graduate this summer and then to work on his master's degree program at the University of Toronto where his younger brother will also be attending.

With his family, Sailesh has made two world tours, covering every continent but Australia. His favorite place is Switzerland, with the Soviet Union following a close second because the city of Moscow was one of the most fascinating cities he has

cont. to page 3

**Knock on wood?**

# Creative family has hobby

**Catherine Woolridge**

What do hillbillies, boots, horseshoe nails, beer cans and cigar store Indians have in common?

Nothing, you say? Wrong. These are all either materials used in or finished results of the crafting hobbies of Sherry Griffin and her family.

Griffin, a sophomore, stated that her family "really got into crafts" about five years ago. She sews, makes jewelry and quilts, is an avid photography buff and makes rocking chairs out of tin cans. She got started about a year ago when her grandfather gave her a set of curling tools and she began experimenting on her own. She got interested in making jewelry after watching her father make some with horseshoe nails and other materials.

Rather than talking about herself, Griffin took pride and pleasure in telling about her father's woodcarving. He began his woodcarving work about five years ago. He started making statues by experimenting and travelling to Silver Dollar City in the Ozarks every year to talk with the woodcarvers.

Griffin explained that as a young boy, her father used to whittle pieces of wood. "He first made clowns and tried to sell them, but they were so ugly that he couldn't. His first time was a flop."

He then progressed to doing hillbillies, which take him about 30 hours to complete, and after about a year and a half he developed a distinctive style. The style is characterized by tall, skinny figures with bony elbows and knees.

Griffin's father sold some of his statues in the Ozarks before his employer went out of business. The hillbillies sell for \$30-\$35. Griffin explained that the

difference between her father's statues and the ones made at Silver Dollar City is that the Ozark amusement park has their statues done by machine. The details are done by hand, which takes only about ten minutes. Griffin's father's statues are totally made by hand, from the lathing to the detailing to the painting.

Painting the woodcarving is just as important as the actual carving. According to Griffin, her father uses a control agent on the wood before staining and uses paints that he has mixed himself. Griffin's father is a member of the Woodcarvers Association and does approximately five woodcarving shows a year.

Griffin's brother, Grant, also does woodcarving. He started when he was 11 and at 13, he makes and sells his own crafts. According to Griffin, the whole family attends the craft shows and "when the rest of us are bored, Dad and Grant are carving away. They really love it."

Grant has developed his own distinctive style, which is characterized by short, chubby figures complete with the Griffin knees and very chubby cheeks. Grant's hillbillies sell for \$7-\$10 and his wooden boots sell for \$5.

Griffin also explained that her father is now interested in artistic religious carvings such as Mary and Jesus. Currently, he is making cigar store Indians four to five feet high which sell for about \$700-\$800. According to Griffin, these prices are fairly low considering that they have to buy the wood and other materials.

Now you know what hillbillies, boots, horseshoe nails, beer cans and cigar store Indians have in common and you have an idea of what to do with wood, nails, cans.

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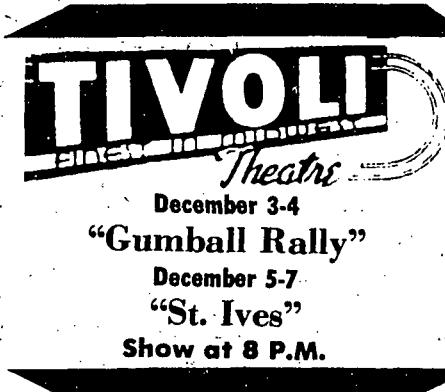
Ron's  
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*Merry Christmas Merry*

photo by Vic Gutteridge



Sherry Griffin, an NWMSU sophomore, takes great pride in her heritage—several members of her family have adopted woodcarving as a hobby. Sherry also has a flair for creativity, and displays a selection of her crafts.



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# Home show hoped to increase travel funds

The Maryville Experiment in International Living group is presenting a "Christmas at Home" tour of area homes and an afternoon of music festivities, and a craft gift store at the First Christian Church Dec. 5, between 2 and 6 p.m.

Five homes in Maryville, to be open to the ticketholders for touring, will include those of Dr. and Mrs. N.A. Snell, 1805 S. Munn; Mr. and Mrs. F.C. Finlay, 420 S. Fillmore; Mr. and Mrs. Duane Hersh, 403 E. 14th; Mr. and Mrs. Hampton Wintermute, 162 N. Sunset; and Mr. and Mrs. Ron Poor, 514 Lisa Lane.

On the afternoon of the tour, the First Christian Church will be the setting for other Christmas activities. Special music will be provided by high school groups, under the direction of Nina Schneider; a Christmas gift craft store will sell many handicrafts and wooden toys; baked goods from international recipes will be in abundance; and coffee and Christmas

cookies will further entice customers. Northwest Missouri State University's student E.I.L. group also will sell Christmas calendars and handicrafts, with the proceeds contributed to their own home stays in foreign lands.

Tour tickets, obtainable from various downtown merchants and all E.I.L. students, sell for \$2 in advance or \$2.50 at the door of any tour home or at the First Christian Church. Free bus transportation, to be provided for those needing it, will depart from the Church on the half-hours, beginning at 2 and endings at 6 p.m.

The Experiment in International Living is a program designed to encourage young people to search further for world peace by promoting understanding among peoples of the world. Countless Experimenters from other countries have come to the United States for home visits and many have visited Maryville families.

## Globe-trotting student

cont. from page 1

visited. The far east, especially Japan and Thailand, also received an enthusiastic vote from this world traveler.

Sailesh plans to make another world tour in 1977-78, both with his family and independently. "It will probably be mostly with my family," he said, "because we are really very close, although we are separated much of the time." A definite objective this time will be Australia and the rest of the South Pacific, but he primarily wants most to go back to India to visit relatives and friends.

A marketing major who plans to specialize in international aspects of this field, Sailesh wants to go to work immediately after receiving his masters' degree. He would like to work for a company for two or three years to get the feel of things before he strikes out on his own.

Sailesh's philosophy reflects an enjoyment of people, being with them, around them and trying to understand them. "I would say that making and having friends is one of the most important aspects of my life. My friends mean a lot to me," he said.

A love of reading — everything from Alistair MacLean to Shakespeare — and a wide taste range in music helps to round out the personal part of Sailesh's life. However, perhaps his favorite activity is socializing with other people as much as time and school pressures will permit.

An extremely humorous outlook on life, plus a finely developed sense of the ridiculous makes him a popular figure at gatherings and also helps him "keep a better perspective on things. Everything has a humorous side, and you should always try to look at things from this side, too, as well as from the serious side. This gives you both sides of the issue."

A strong fascination and a real feeling for business which Sailesh attributes to his father's influence, should serve to keep this intelligent young man on the course to success in his chosen field. Whether you have a taste for business or not, his projected lifestyle seems to leave no room for boredom.

### MOVING-Locally OR TO ANOTHER CITY

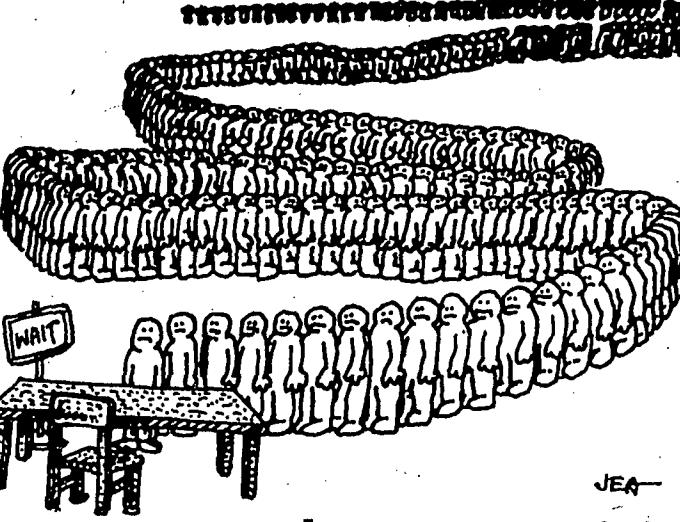
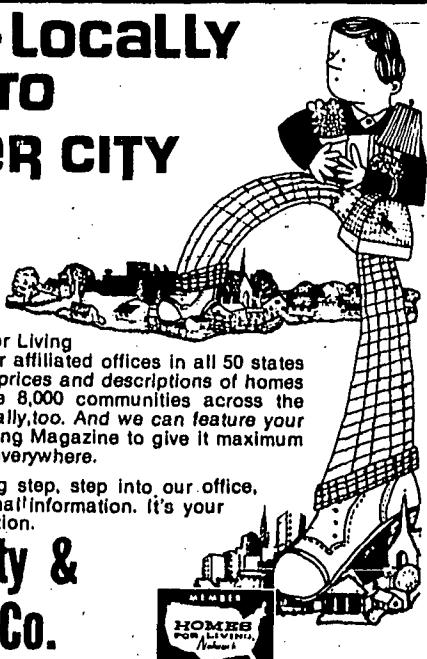
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## General registration

General registration for the spring semester, 1977, will be held Jan. 11, 1977, starting at 8:30 a.m.

All students planning to register at this time are requested to read the procedure listed below. Individuals who have never attended Northwest Missouri State University, first time graduate students, and students who have previously attended the University, but were not enrolled for the fall semester, 1976, must contact the Admissions Office for an application for readmission. All applications should be completed and returned at least two weeks prior to registration.

### REGISTRATION PROCESS

1. Enter the east door of the Administration Building in the following sequence to obtain an advisement sheet and permit to enroll: 8:30 G-I; 9:30 J-L; 10:30 M-O; 11:30 P-S; 12:30 T-Z; 1:30 A-C; 2:30 D-F; 6:00-8:00 Night Graduate Registration.
2. Obtain an advisement sheet if an undergraduate. Graduate students must obtain a graduate stamp and secure other appropriate materials.
3. Proceed to the Registration Center (Lamkin Gym). Advisors will be present to assist you in completing the enrollment process. No student will be admitted without a permit to enroll.
4. Once the enrollment schedule is completed and all course cards are obtained, proceed through the check lines.
5. Identification cards will be made in the J.W. Jones Union.
6. Veterans, please see the Veterans Administration representative in the gym for new VA procedures.

## THE WAREHOUSE

- Live Music Thursday  
December 29 P.M.-1 A.M.
- New Happy Hour 7 P.M.-9 P.M.  
Starting in December
- Wednesday Ladies' Night  
I.D. REQUIRED FOR ADMITTANCE.

## WALT DISNEY'S

# ALICE in WONDERLAND

## UNION BOARD PRESENTS

Sunday, Dec. 5 — 2 P.M.  
Monday, Dec. 6 — 7 P.M.

Horace Mann  
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50¢ WITH I.D.



photo by Vic Gutteridge

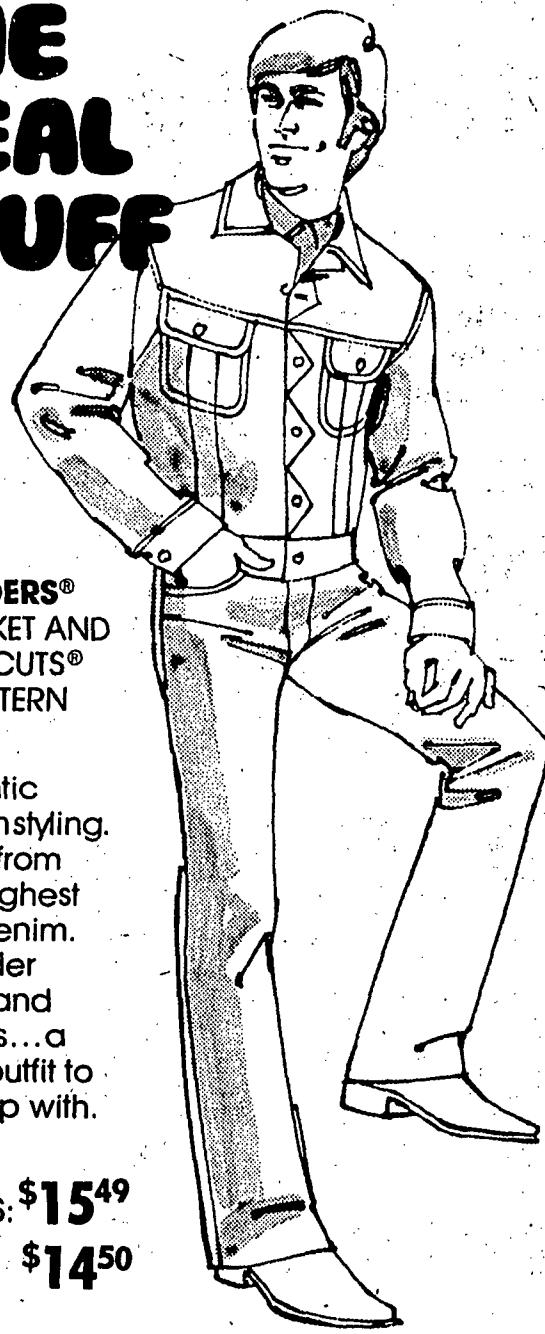
Desk hours in the residence halls have returned to their former schedule after being closed an average of three hours a day due to a lack of work-study funds.

Bruce Wake, director of housing, reported that, although the dorms are operating on a work-study budget of \$40,500 (over last year's \$34,200) the opening of desks in Perrin and Cook halls deleted the funds sooner than expected. Since the dorms hadn't been notified of their budget situation until recently, they had been operating on last year's schedule.

The Student Labor Committee, which distributed the work-study money to various departments, recently decided that sufficient funds could be found at the end of the year to retain the former desk hours.

As explained by Doyle Van Dyne, director of financial aids, past spending patterns show that enough surplus should be obtained from other departments to equal the deficit created by the return to the previous dorm desk hours.

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# —BEARFACTS—

The Student Health Service has a limited supply of Swine Flu immunizations for those students who have missed the general clinics.

These will be given on a first come first serve basis. Students between 18 and 21, and unmarried, need parental consent. The forms are available at the Student Health Service.

All National Direct Student Loan borrowers who are not returning for the spring semester must report to the business office for an exit interview before Dec. 22.

Pre-registration for spring semester is now closed, and the free drop-add period for students pre-enrolled for the spring semester is Dec. 6-10.

Students are to pick up the drop-add card in the Registrar's Office, then return the card before Dec. 10.

The University Chorus will hold its Winter Concert Sunday, Dec. 5, at 3 p.m. in the Charles Johnson Theater.

The chorus' 75 voices will present the first part of Franz Joseph Hayden's Oratorio on Creation, a contemporary rock cantata and three other numbers on the black spiritual theme with a reading by Anita Smith.

According to the Nodaway County Health Service, students between the ages of 18 and 24 who have had a swine flu shot, will need a second vaccination to be completely immunized. These shots will be given on Dec. 15 from 3-4 p.m. in the Nodaway County Courthouse.

The

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# Home ties broken by out-of-state students

Bette Hass

"Kids aren't half as competitive here as they are back East."

This is a comment made by Joy Szymborski, one of the many NWMSU students who are several hundred miles from home.

According to Joy, the students here don't seem to care what kind of grades their friends make, which is a different attitude from that of people in the East.

Szymborski, a freshman from Cliffwood Beach, N.J., came to Maryville because of the small size and low cost of the University. She decided to come to this state because she has relatives in Missouri and then chose NWMSU because it was the least expensive school with a good journalism program.

Referring to the changes she's going through in moving from the East to the Midwest, she said, "the general life style is much slower here."



"... the general lifestyle  
is much slower here."

Joy Szymborski

Candy Stone, a sophomore transfer student from Vermont, agreed with Szymborski and added that "everything in this area is so spread out that you can't do too much without a car."

Stone learned about Maryville from her brother and sister, who came to NWMSU in 1965 and 1970, respectively. She said that they both liked the University and she does, too. She added, though, that she will go back home at the end of the semester because she wants to go into therapy and can't get the training she needs here.

Colorado Springs, Colo., is the home of Julie Ingram, a junior who has attended NWMSU for over two years. She said that the small size of the community was the hardest thing for her to adjust to when she was a freshman.

A friend of Ingram's came here three years ago and told her about the school. She also got information from her high school counselor, and NWMSU graduate.



"Everything in this area is so  
spread out that you can't do  
too much without a car."

Candy Stone

Szymborski, Stone and Ingram are only three of the many NWMSU students over 500 miles from home. They're all from different states and have very different personalities, yet they have something important in common — they've chosen to go to a college which separates them from their families and friends. They can't break this separation by going home, like the famed "suitcasers." As Szymborski said, "they have to stay in Maryville on weekends and make the best of it."



"... the small size of the  
community was the hardest  
thing for me to adjust to ..."

Julie Ingram

Max Factor creates

# Khará

Deliciously sexy

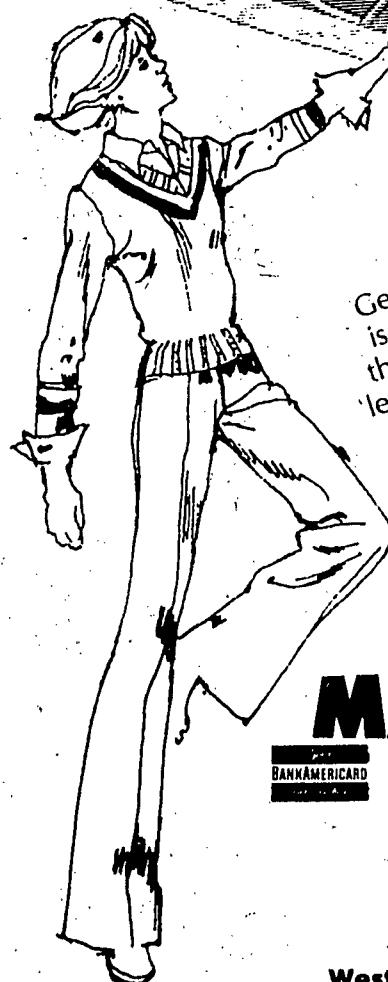


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# Final exam schedule

Classes meeting for the first time in the week:

STUDY DAY	Wednesday, December 15
9:00 Monday	Thursday, December 16 7:30 a.m.
9:00 Tuesday	10:00 a.m.
3:00 Tuesday	1:00 p.m.
Physical Education 250	3:30 p.m.
Biology 102	7:00 p.m.
10:00 Monday	Friday, December 17 7:30 a.m.
10:00 Tuesday	10:00 a.m.
2:00 Monday	1:00 p.m.
12:00 Monday	3:30 p.m.
Speech 101-102	7:00 p.m.
Political Science	Saturday, December 18 8:00 a.m.
History 151	10:30 a.m.
Chemistry 113	1:00 p.m.
11:00 Monday	Monday, December 20 7:30 a.m.

Date and hour of final examination:

11:00 Tuesday	10:00 a.m.
2:00 Tuesday	1:00 p.m.
Math 105, 108, 120 & Comp. Sci. 150	3:30 p.m.
8:00 Monday	Tuesday, December 21 7:30 a.m.
8:00 Tuesday	10:00 a.m.
4:00 Monday	1:00 p.m.
3:00 Monday	3:30 p.m.
1:00 Monday	Wednesday, December 22 7:30 a.m.
1:00 Tuesday	10:00 a.m.
12:00 Tuesday	12:00 p.m.
4:00 Tuesday	2:00 p.m.
NOTE: ALL SECTIONS OF	
Physical Education 250	December 16 3:30 p.m.
Biology 102	December 16 7:00 p.m.
Speech 101-102	December 17 7:00 p.m.
Political Science 102	December 18 8:00 a.m.
History 151	December 18 10:30 a.m.
Chemistry 113	December 18 1:00 p.m.
Math 105, 108, 120 & Comp. Sci. 150	December 20 3:30 p.m.

## Funds solicited for memorial

"Our basic solicitation for the Litton Memorial Fund went into the mail this week," said Charles B. Jennings, chairman of the memorial fund committee.

Direct mail appeals were sent to residents of Missouri's Sixth Congressional District, which had been served by Rep. Jerry Litton, of Chillicothe, until his tragic death on Aug. 3. Litton, his wife, Sherri, and the couple's two children were killed in a plane crash on the eve of Litton's victory in the Missouri Democrat Senatorial Primary Election.

"We're asking Jerry's constituents to help us build a living memorial to his memory and the basic American values he stood for. We hope to create a Hall of Honor at the Agricultural Hall of Fame and National Center in Bonner Springs," Jennings said. Jennings and Litton served together on the Ag Hall's Board of Governors.

"Jerry's was an important voice for American Agriculture and his service to the Sixth Congressional District is a matter of record," Jennings added.

## Blood quota needed

A blood drive will be held Dec. 7 in the Union Ballroom from 9 a.m. to 5 p.m.

If the University meets a set quota, all University students will be able to get blood free when they need it. For more information, contact Johnnie Imes, NWMSU accounting instructor.

"We're hoping our always generous Missourians will dig a little bit deeper than usual to contribute to this."

Tax-deductible contributions can be mailed to The Litton Memorial Fund in care of The Agricultural Hall of Fame and National Center, 630 North 126th St., Bonner Springs, Kansas 66012.

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South Side of the Square

# Caffeine in coffee serves as stimulant

Bill Fuenhausen

Have you had your dose of hot, legal speed yet today? If not, chances are that you will consume stimulating caffeine in one form or another before the day is gone.

## A day without caffeine is a day without sunshine

The drug-oriented American culture has relied on chemical alteration of moods since before the days of the Boston tea party. The advertising media programs Americans with non-prescription items to relieve tension, induce sleep, create sociability, increase energy, even cure nonexistent diseases like "the Blahs." A caffeine-loaded soft drink can presumably give your social life a healthy boost—"You've got a lot to live and Pepsi's got a lot to give!" Likewise, Coca-Cola is "the real thing!"

The use of caffeine as a fairly potent energizer has been integrated into our social customs with hardly any negative sanctions. Yet, recent research shows that caffeine may contribute to heart disease, and to birth defects and miscarriages to the fetuses of pregnant women.

Caffeine exists as a tasteless alkaloid naturally present in a number of plants including coffee beans, tea, kola nuts, cocoa beans, and mate. The stimulant is also available synthetically in a number of non-prescription, over-the-counter forms.

## From the East came yoga, oil and the coffee habit

Caffeine was introduced to the Western world in its natural forms after Columbus' discovery of America. Coffee was brought from Arabia and Turkey, tea from Chile, kola nuts from West Africa, and cocoa from the West Indies and Central and South America. Coffee alone has been so ingrained in American lifestyles that annual consumption of the bean's extract is equal to 200 billion cups of coffee.

Among the Arabs and Persians, it is reported that a brew of coffee beans was

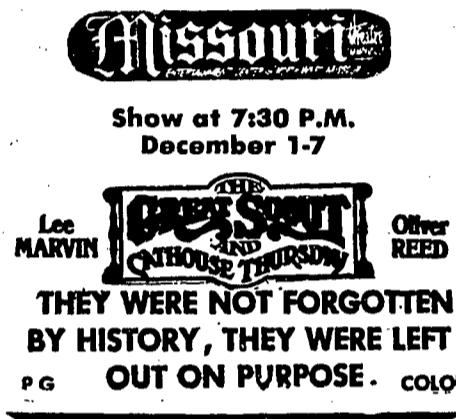


first presented to the Prophet Mahomet by the Archangel Gabriel, yet others claim it was discovered on the west coast of the Red Sea.

History relates that soon after coffee became popular in the East, it was quickly labelled as a brew of the devil, thus use of the drug was prohibited. In 16th century Egypt, coffee was considered contrary to the spirit of the Koran, and any discovered stashes of coffee were immediately burned and their owners severely punished.

Prohibition of coffee (like prohibition of alcohol in America) failed to endure and was repealed by popular demand. By 1551, it was enjoyed by the populations of Asia Minor, Syria and Persia. Less than a century later, coffeehouses appeared

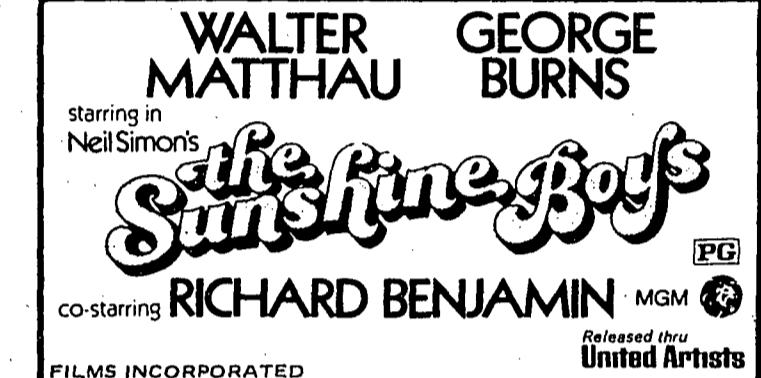
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CPS

Millions of Americans are caffeine addicts—they need that cup of the black liquid to get rolling in the morning. Caffeine has been known to cause a great variety of body disorders, from gastrointestinal problems to malfunctions of the nervous system.

## UNION BOARD PRESENTS

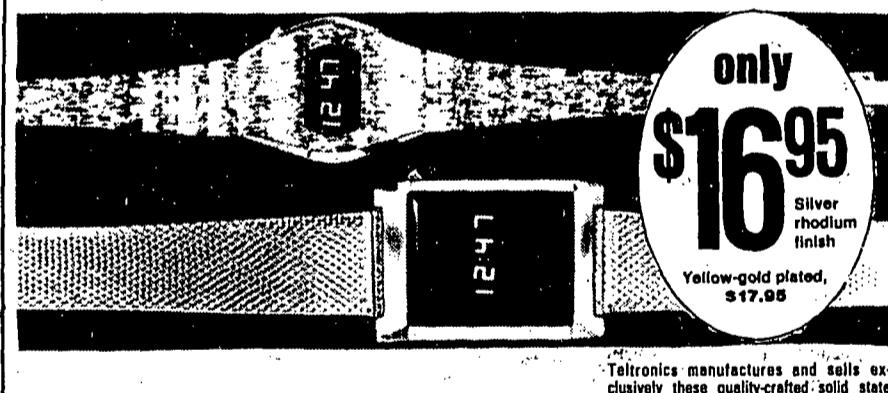


Thursday 7 P.M.  
Friday 7 & 9:30 P.M.

December 2 & 3

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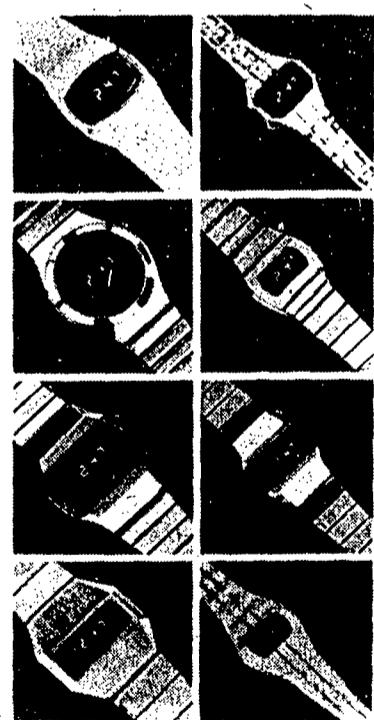
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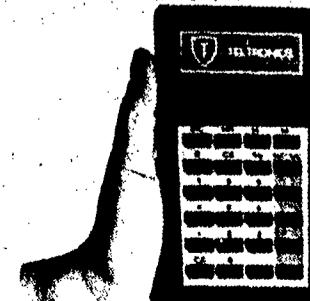
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# P O T



*Editor's note—By presenting this article, the Northwest Missourian staff in no way advocates illegal activity. In the majority of states, including Missouri, the penalties for use, possession and selling can be severe. Instead of condoning the use of marijuana, the staff views it as a fact of life — a very real aspect of modern (and ancient, for that matter) society. The purpose of this spread is to inform, enlighten, and perhaps entertain. Copy and layout by Kathy Delk and Marli Murphy. Photo by Jerry Benson.*

Cannabis, bhang, pot, tea, ganja, hemp, grass and marijuana are just a few of the names used in describing the intoxicating Indian hemp plant.

Since middle-class college students in the mid-sixties started smoking pot at fraternity parties and in dorm rooms, marijuana has found its way into practically every part of American life. Today, construction workers, politicians, athletes, accountants, musicians, parents and teachers are smoking pot.

According to United States government statistics, more than twenty million Americans are turning on to pot regularly. The United Nations estimates that there are more than two hundred million users of the drug throughout the world. Pot is the second most popular intoxicant in the world today, with alcohol being the first.

## **From the ancients to the hippies... history**

Indian hemp has been known to man for more than five thousand years. Although it was once found only in Central Asia, hemp is now found throughout the world.

The plant was first mentioned in a monograph written in 2737 B.C., by Chinese Emperor Shen Neng. It is thought that as people inhaled the smoke while burning the hemp, they discovered the intoxicating qualities of the plant. Records show that the plant was raised for its fibers. The Chinese then made the fibers into cloth for clothing.

After discovering pot's pharmaceutical uses, the Chinese applied it to the practice of medicine. The physician, Hoa Gho, administered pot resin and wine as an anesthetic to his patients before performing surgery on them.

China wasn't the only early civilization to use pot. Archeological sites in Turkey have provided specimens of hemp cloth dating back to the late eighth century B.C. In Egyptian tombs of three to four thousand years ago, fabric identified as hempen was found. Stone hemp-pounding tools have also been found at an ancient fishing site in Taiwan.

The cultivation of pot began to catch on in western Europe during the first two centuries A.D. In the first century, Roman historian Pliny the Elder described the different grades of hempen fiber and how they were prepared. Galen, a Greek physician, wrote that it was becoming the custom of Romans to eat cakes made of marijuana to get high.

In 1545, the Spanish brought pot to Chile. In North America, European settlers began large scale pot cultivation. The crop was planted in Virginia in 1611. Pot seed was brought to Plymouth in 1623 by the Pilgrims. Quickly, pot became the major crop in America. Marijuana was grown on both George Washington's and Thomas Jefferson's plantations.

The industry (not the plant) died in the U.S. after the Civil War. Cotton became the major crop in the South, taking the place of the cultivation of pot. But the plant continued to grow, especially in New England and the Middle Atlantic states long after the cultivation ceased.

During World War I, Mexicans came to the U.S., hoping to find work, because the number of jobs had increased. With them, they brought marijuana. It was their custom to smoke pot, just as it was an American one to drink alcohol.

Other groups besides the Mexicans brought the idea of pot smoking to the United States. American sailors working on ships that went to the West Indies and Central America got into the habit of smoking pot.

New Orleans (the major southern port at the time) was the first American city to experience the marijuana trend. The city, in the 1920's, was the major center for the

drug. From New Orleans, the drug habit moved up the Mississippi and eventually throughout the country.

In 1930, the Federal Bureau of Narcotics was created to enforce the nation's drug laws. Sixteen states had anti-pot laws, but there were no federal laws prohibiting the importation or use of marijuana.

Harry Anslinger, the Bureau's first chief, embarked on extensive campaign to get rid of the drug. He bombarded the public with propaganda and misinformation, creating a fear of what he called the "killer weed."

The Marijuana Tax Act was put into effect in 1937. Pot sold for medical or industrial uses was to be taxed at a dollar an ounce and pot that was sold for other purposes was to be taxed at \$100 per ounce.

In 1961, the trading and production of pot was restricted by a Single Convention Treaty, sponsored by the United Nations.

These laws have not ended or reduced the popularity of pot. In the early '70s, a pot consumer's lobby was formed — the National Organization for the Reform of Marijuana Laws (NORML).

NORML represents all Americans who smoke pot. It has helped to bring about the decriminalization of marijuana in Oregon and is now pushing for looser marijuana laws throughout the country.

## **'Busted flat in Baton Rouge'...arrested**

**BUSTED.** The word is all too familiar to thousands of young people across the nation. The thought of being busted can elicit reactions from terror to nausea.

There were 416,000 marijuana-related arrests last year alone. Even though polls show that 27 million Americans are puffing the evil weed regularly, only a few states have loosened up laws concerning the use of marijuana. Therefore, one's actions when confronted with the men in blue (or women in blue, or black or green—it makes no difference) have great legal implications and could determine either conviction or acquittal.

According to most lawyers, it is vital for marijuana users to pay strict attention to search and arrest procedures, because the vast majority of criminal cases never go to trial. In Detroit, only five per cent of those arrested actually go to court. While search and arrest laws are just as confusing to lawyers, judges and police forces as they are to normal people, there are still some basic rules that all pot users should keep in mind.

Cardinal rule number one—if not possessing, start confessing. In other words, one should be as cooperative as possible if he has nothing to hide.

Cardinal rule number two—one should be as cooperative as possible if he does have something to hide. Be cool. This is no time to panic. If stopped while in a car, the driver and all passengers should immediately get out of the car and walk towards the police car in an unthreatening, repeat unthreatening, manner. This maneuver prevents the police from having legal cause to search your vehicle.

The police, however, have been known to disregard the rules and may insist on searching the vehicle even if the driver and all passengers are not in it. If this situation arises, tell the officer as politely as possible that you do not want to consent to a search. Should he persist, the driver has still preserved his rights, and the policeman's disregard for the law will be noted in court.

In answer to the question of what to do with the dope after you've been stopped, the best solution is to hide it on the body. The Supreme Court has ruled that unless a person is being placed under arrest policeman can only search for weapons. Anything stashed on the body cannot reasonably be construed as a weapon.

The key word in all instances is cooperation. Policemen don't want to hear a sermon on how pot isn't worse than alcohol or that you a victim of society or that he is ruining your life or, "Hey, man, everybody does it!" He knows all too well that everybody does it. If everybody didn't do it, or if marijuana was legalized, his job would be much easier.

## 'One toke over the line... smoking'

We won't begin with the hackneyed list of reasons why one should or shouldn't smoke marijuana. Everybody knows them. By heart. The public has been blasted for years by every medium from radio to skywriting with the pros and cons of smoking pot.

We'll look, instead, at the actual smoking of pot. Not why or why not, but how... and when and where and with whom.

Experienced users report that setting and environment are crucial to the "ideal high," especially for the beginner. Taking the first toke in a sweaty, strobe lighted discoteque full of strangers with Alice Cooper blaring in the background will prove to be about as pleasant as throwing up on a crowded schoolbus was when you were young.

The novice smoker should choose a spot where he feels comfortable, and above all, safe. There should be no distractions. Music is a must, and liquid refreshments and munchables complement a high. The setting should include sources for relaxing, amusing activity, from studying to watching television.

One should remember that pot is a mood intensifier—the physical and mental reaction to the high depends on how one felt beforehand. If a person feels good straight, he may feel even better stoned. If he has just been fired, however, he might choose to postpone getting high. The pot-altered consciousness views reality in a different perspective—mundane activities and old acquaintances can become fascinating.

Once a person is indoctrinated into the ranks of dope smokers, he is suddenly caught up in a controversial dilemma—should he use rolling papers or choose to smoke a pipe? The question is as old as man... practically.

Although there is no research to prove that one gets higher from a joint than from a pipe, the vast majority of marijuana is inhaled from the legendary reefer. There are several reasons for this. First, papers are easily transportable. They are disposable, inexpensive and easily replaceable. A well-packed joint goes much further than a pipe and can't be spilled. Furthermore, no one cares if a joint disappears, but the owner of a jade and silver inlaid hookah might be a bit disgruntled if the same happened to his pipe.

Still, pipes hold great charm. They are collectable, often unique or beautiful, and they are durable. For a single smoker or a pair, a pipe is more economical since not a smidgen of smoke is wasted.

There is also such a thing as one-hit dope, and a pipe could keep the smoker from overindulging. And for nature freaks, a pipe allows them to smoke whole lids, just like God created them. Pipes come in all shapes, sizes and colors, and are fashioned out of everything from corncobs to sea urchin shells.

## 'No no no no, I don't smoke it no more' 'I'm tired of wakin' up on the floor...'

There has been much research lately into the effects of marijuana. It has been found that the plant is not harmful, but when it is dried and stored, it changes into its intoxicating form.

Perception is the main alteration that has been found in smokers by researchers. Time periods are thought to be longer than they really are. Visual perception is heightened, but, at the same time, is misinterpreted. Depth perception is altered and thought patterns are changed. These changes are sometimes so subtle that smokers can't detect them right away.

A number of researchers have reported that individuals are less violent while under the influence of marijuana. It was found that the marijuana smoker prefers to engage in conversation, listen to music or watch television. These behavioral symptoms are in direct contrast to those produced by alcohol, which seems to induce feats of daring. Marijuana increases the feeling of relaxation and tends to decrease physical activity.

## 'A pot in every chicken... cooking'

Connoisseurs of cooking with cannabis may not be aware that people have been digesting marijuana almost as long as they have been smoking it. The secrets of cooking with this unusual herb were discovered many moons ago by the Hindus of India.

Those who have studied the effects of eating versus smoking the weed report that there are several advantages to be gained from digesting marijuana. Eating cannabis achieves a longer, often mildly hallucinogenic high. Since there is no smoke involved, there is no irritation of the throat and lungs. The only drawback is that physical activities requiring judgment and quick reactions will probably have to be abandoned because of the spatial distortions accompanying this kind of high. Anything more physical than wandering into the kitchen may be out of the question, and playing handball could prove hazardous.

Gourmets agree that a few basic rules should be followed in order to do full justice to cooked cannabis. And remember the old proverb—"Watched pot never boils." For what it's worth:

1. Since eating itself tends to shorten a high, digesting marijuana in large quantities is not an efficient way to get high. Therefore, snacks or sweets are favored over main dishes. Guard against overeating! Ingested pot will take between 15 minutes to an hour and a half to take effect, so it is easy for a muncher to over-indulge before he feels any form of high. Eat light!

2. The chef of cannabis cuisine has two choices as to flavoring: disguising the natural flavor, or working with it. The flavor of marijuana is perfect in some instances—anything that is good with oregano will be just as good with pot. On the other hand when an herbal taste is not in order, there are plenty of other flavorings that will camouflage the grass, such as citron, almond extract and any other concentrated flavoring.

3. The potency of marijuana starts to decrease after 98.6, although it increases during the first minutes of heating, when the nonpsychoactive THC acids become actual THC. Basic amounts to be used for successful cooking are 5 to 20 grams of marijuana per serving, one-half to 2 grams of hash per serving and one-tenth to one-

half gram of hash oil, depending on the potency of what the cook is working with. These dosages are acceptable for cooking at 150 degrees F. for one-half hour. Increase the levels by 10 per cent for each additional 50 degrees F. and 15 minutes of cooking.

4. THC is soluble in oils, fats and alcohols, but not, however, in water. Also, small amounts of sugar in an oil or alcohol-based dish will speed the assimilation process, but too much sugar will do more harm than good.

Those "who know" report that pot goes well in a surprising variety of dishes, from basic brownies to pumpkin bread to "Hash Cream Pudding" to "New England Powder Chowder." Experimentation is the best guide.

## 'The green, green, grass of home...'

Although "GROWING YOUR OWN" may sound like an ingenious economical way to turn a couple of acres or even some spare window space into a marijuana garden of joy, many a doper has been decidedly disappointed with the finished product.

Until recently, American grown cannabis lived up to the name "weed." Literally. There was Iowa Green, Wisconsin Green, Florida Green, and each strain was a little greener—a little worse—then the next.

And why not? Even though cannabis is one of the oldest known domestic plants, it was not until the early-70's that Americans realized the need to cultivate marijuana. Just as no farmer could expect to toss a bunch of soybeans in the ground anywhere he pleased at any time of the year under any old conditions and get a bumper crop, no marijuana grower should expect this slipshod formula to work either.

But with proper preparation and care, domestic marijuana can prove to rate among the best types. In California and Hawaii, marijuana plants have been highly cultivated and have grown to be 14-18 feet high. Since the most potent pot is obtained from the plant parts closest to the top, more emphasis has been placed recently on height. Like many other crops, marijuana requires a great deal of care for proper results. Books have been written on the subject, and some "growing your own" hints follow:

### GROWING CONDITIONS

The most vital determinate of plant height, resin production, and general growth pattern of the plant is the length of the photo-period—hours of direct sunlight. At least nine hours a day of direct sun is a must for outdoor growing.

Length of the growing should also be noted. The best plants are achieved in areas with long summers. Since the seeds are planted earlier, they flower sooner and can be harvested later. Also, regions with a daily temperature between 75-85 degrees F. produce the largest plants. During the flowering stage, temperatures between 85-100 degrees F. are most favorable. Maximum resin production occurs with these temperatures and low humidity. Cannabis should be planted two weeks before the last frost in spring and harvested just before the first frost of autumn.

### PLANTING AND CARE

Only seeds from the best-smoking pot of the season should be considered worthy, and they should be black, brown, gray, or mottled. Many farmers claim that pot is at its best when sprouted indoors in peat pots and then transplanted. These seedlings should be planted about six feet apart in ground that has been composted, weeded, and tilled. Since cannabis is a gangly plant, the young seedlings may require support. Watering is of prime importance, and the soil should be kept moist but not waterlogged.

### FLOWERING

The cannabis plant is unique in that it is either male or female—determining the gender of the plant is important.

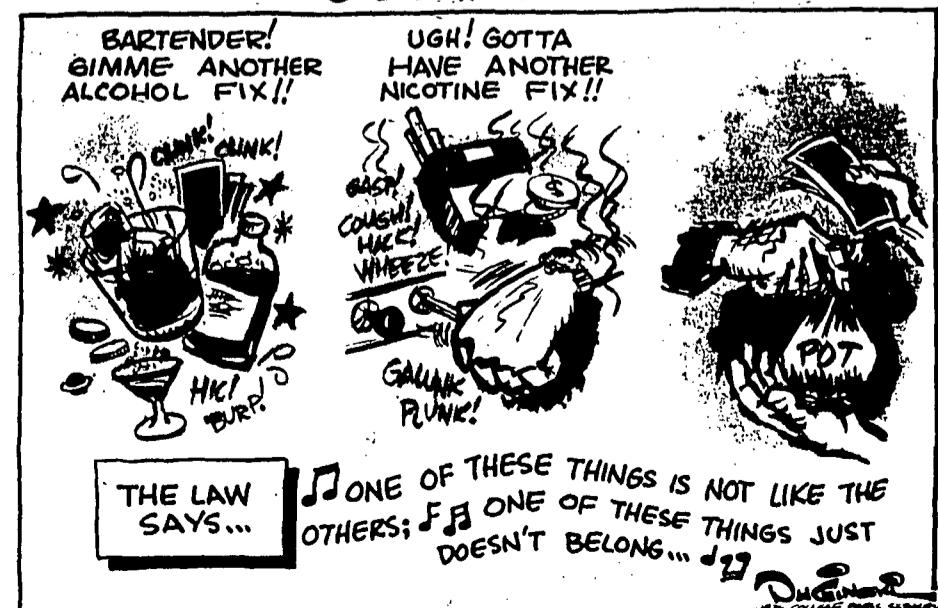
The sex of the plant is not noticeable until the flowering stage, which in the male occurs between the ninth and thirteenth week after sprouting. The flower is male if there are elliptical sacs dangling from single threads. Within ten days, these sacs will open out into small white flowers and scatter pollen. Growth then ceases and the plant begins to die.

The female flower is smaller and less obvious. Seeds form in the ovarian pods as soon as the male pollen has fertilized the flower. The female continues to grow, but at a slower pace. Because of this, many harvesters choose to uproot the male plants before they have a chance to flower and pollinate. (Growth in the male is final just before flowering, anyway, so there is no loss to the grower.)

If this is done, the females flower and develop pods, but they have not been fertilized and so they remain seedless. And since no energy is spent by the plant to nurture seeds, this energy is channeled into growth. Resin shoots up the plant and accumulates at the top. Hence—a superweed.

Information courtesy College Press Service and "The Book of Pot," an excellent guide by Pamela Lloyd.

### GUESS WHICH ONE



# 'Cooking Plain' offers 'down-home' recipes

Barb Guhlke

"If a blast of heat hit her in the face, her hand jerked back involuntarily, and she yelled in pain, she had a "brisk" oven and it was time to set the yeast bread. . . inside."

Is this a passage from a book on abnormal psychology describing a masochist? Not at all. Just an Illinois housewife circa 1830, testing her cast-iron stove for proper baking temperature.

In *Cooking Plain*, by Helen Walker Linsenmeyer, this is just one item among a wealth of information offered on the cooking and food-gathering practices of the westward-bound pioneers. It is concentrated on the early southern Illinois settlers, giving us a backward glance at the rigorous everyday life lead by those hardy men and women.

If you're on a Sauce Bearnaise or Boeuf Bourguignon kick, don't bother looking through this book. You won't find them here. The foods and recipes listed are hearty, rib-sticking, lumberjack-type meals designed for those hard-laboring settlers.

The cooking of wild game is emphasized from pheasant to muskrat. Beef and pork were often precious commodities, since most families owned but a few cattle or hogs. Hearty and filling soup and stews were the staple of life, usually cooked by the wife in a cherished iron kettle hung over the fire in her hearth.

These pioneer women, in most cases, had only two or three cooking vessels, and their table service was often carved from native wood. Until the latter half of the century, even wood cook-stoves were a novelty and it took skill to produce puddings and breads from the hearth.

The settlers of southern Illinois were quite a mixed lot. Many of the recipes in this book have a definite southern flavor, while others echo their New England or European heritage. There are Polish stuffed cabbage, Bohemian bread, French herb omelet and southern beaten biscuits, as well as a multitude of other delicious, wholesome and natural dishes.

There are also unusual items offered here. How about french-fried elderberry blossoms? Cattail pollen pancakes? Beer soup? Or your own home-made root-beer? There is even a recipe for preparing Rocky Mountain Oysters (to the unacquainted, these are hog or bull testicles) although the author specifies that these are not to her taste.

You can learn here how to make your own soap, how to make hominy, as well as several kinds of wine, how to dry fruits and vegetables and how to use herbs and spices.

Pickling and preserving foods were vital to the pioneer family during the long Illinois winter, since no fruits and vegetables were available except those they had



Helen Walker Linsenmeyer has gathered recipes from a simpler time period when cooking was hearty, pure, and unadulterated. Most of the dishes included in her latest book, "Cooking Plain," hark back to the post-colonial settlers of the Illinois Country.

dried. There is a considerable number of pages devoted to methods and recipes for canning perishable dainties, as well as making jams and jellies.

This is no ordinary cookbook — besides the fascinating historical references and the delightful recipes, the writing is both amusing and absorbing, making for an enjoyable reading experience.

Helen Walker Linsenmeyer is also the author of *From Fingers To Finger Bowls, A Sprightly History of California Cookery*.

If *Cooking Plain* is any indication of the merits of the former work, both books should be a valuable addition to the library of anyone who loves to cook.

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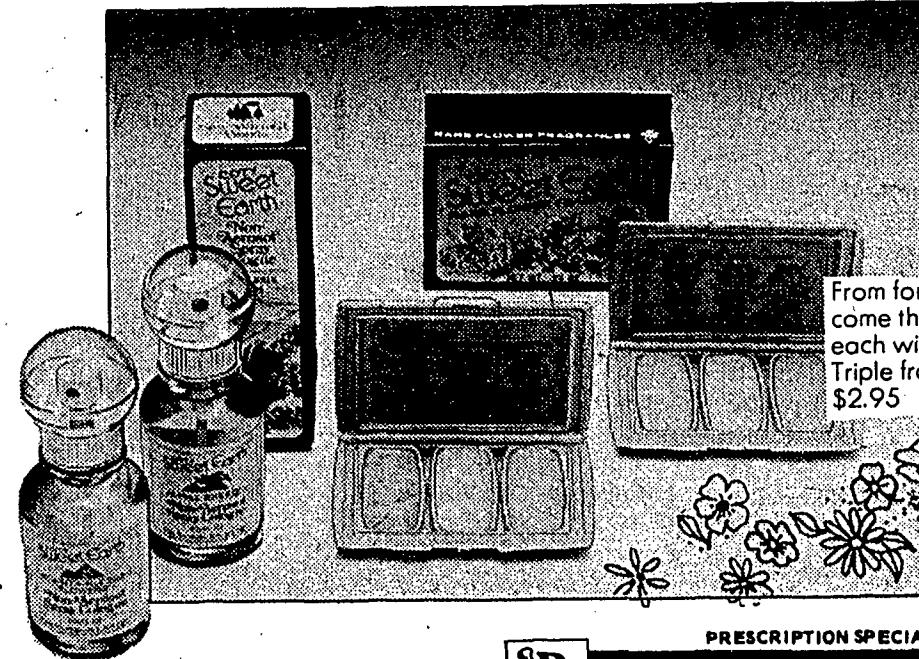
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## **Coffee cont.**

throughout Europe, and finally in 1689 the first American coffeehouse opened its doors in Boston.

**Coffee breaks are as  
American as apple pie**

The widespread acceptance of coffee in American society gradually evolved over the centuries till finally culminating in the traditional American "coffee break," whereby workers may recharge their batteries and return to work revitalized and invigorated.

Caffeine is not used to get "high" but rather as a "pick-me-up" allowing more alertness on or off the job. Nearly all work organizations provide caffeine in some readily available form for employees. In many instances the coffee break is a ceremonial ritual in which participation is practically mandatory.

## **Coffee abuse**

The high-powered form of instant energy and alertness that we know as coffee is not widely recognized as a drug because it is ingested as a food. This non-recognition is similar to the social acceptability of table wine in European cultures as a replacement for water.

Few adult coffee drinkers would regard their enthusiastic consumption of coffee as drug abuse. Almost no one would admit a true addiction to caffeine, yet heavy coffee drinkers, when deprived of the stimulant, exhibit many classic withdrawal symptoms—hyperactivity, restlessness, irritability, mild depression, and even tremors (shaking of the hands)—according to Harvey Nash in his paper, *Psychological Effects and Alcohol Antagonizing Properties of Caffeine*.

Impairing results of heavy caffeine use are practically unknown, but adverse effects on health can logically be expected with long-term use. There is, however, no physiological dependence on caffeine. According to Andrew J. Malcolm, author of *Addictions*, "coffee is undoubtedly an habituating drug. It has been proven that one person in four depends on coffee to get him functioning in the morning."

Caffeine enhances mood by subjectively raising energy levels, although it



photo by Jerry Benson

Although coffee drinking has become an aspect of our society—a social one at that—many habitual sippers of the stuff spend sleepless nights tossing and turning . . . and wonder why.

does not alter mood enough to be used for "escape." Caffeine, though milder, is still a stimulant with many of the same properties characteristic of the amphetamine drug family. For this reason, it is suggested by researchers that even coffee has the potential for abuse.

**Better living  
through chemistry**

Caffeine stimulates all portions of the cerebral cortex, the brain structure that enables our rational mind to be aware, to use words and symbols and to comprehend complex systems of thought. Since motor activity is increased, drowsiness and fatigue are greatly diminished. These effects are obvious after ingestion of 200 to 250 milligrams of caffeine, the amount contained in two cups of coffee.

Even in moderate doses, caffeine increases the rate of heart beat, interferes with the regular heart rhythm, causes blood vessels to dilate, affects circulation, and causes a rise in blood pressure. Overindulgence in coffee results in restlessness, disturbed sleep,

cardiac irregularities, and gastrointestinal irritation.

Caffeine can be a potent poison, characterized by convulsions followed by death resulting from respiratory failure. The fatal caffeine dose in many is estimated at ten grams—70 to 100 cups of coffee. The average coffee drinker rarely drinks more than several cups at a single sitting.

Although an overdose of caffeine via coffee is rather improbable, science has

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provided concentrated tablet forms of the stimulant. "No-Doz" tablets contain 100 milligrams per tablet; therefore as few as ten tablets can initiate a toxic reaction. "Vivarin," which contains 200 milligrams, and "Kirkaffeine," which contains 250 milligrams, are even more potent sources of over-the-counter stimulation.

**One cup for the road...**

Americans have long relied on coffee to relieve the sedating effects of alcoholic excess—both after the initial intoxication and the following morning in combating the proverbial “hangover.” In tests conducted by Forney, Hughes, and Nash on the alcohol-antagonizing properties of caffeine, it was shown that alcohol-impaired drivers drove better, experienced faster reflexes, and more rational decisions after taking small to moderate doses of caffeine. However, a drawback appears to be in the stimulated drunk being unaware of his impaired capacities, which may lead him to the unfortunate conclusion that he is sober enough to drive safely.

A study conducted by Dr. William Revelle of Northwestern University's department of psychology indicates that introverts given the equivalent in caffeine of two cups of coffee answered less questions correctly on a ten-minute test than they did when they drank no coffee.

All things considered, the social reinforcement and psychological advantages of coffee will outweigh physiological disadvantages and psychological dependence in the minds of most rational coffee drinkers. Drink up, it's good to the last drop!

9 a.m.-9 p.m., Mon.-Sat.



# Housing Authority helps married students with rent

Chris Scrivens

Securing a nice place to live at an affordable rate is a major concern of the majority of college students and many are not aware that help is available.

The Maryville Housing Authority, a department under Housing and Urban development, offers two different housing programs which are available to all qualifying low-income families. One program offers housing to qualified families at the Margaret Davison Complex, an apartment complex which was built especially for this purpose. The other program called the Existing Housing Program allows low-income families to find and rent a housing unit within the HUD Fair Market Rent range in Maryville.

Both programs serve the same basic purpose; to provide housing for low-income families. Through these programs the families pay no more than 25 per cent of their adjusted income to the owner for rent and the Housing Authority pays the difference. Also in both programs utility allowances are deducted from part of their rent. The size of this allowance depends upon whether the family lives in the complex or in an apartment the size of the living quarters and how the apartment is heated.

## Both programs provide housing for low-income families.

Both programs have their advantages and disadvantages. Charles Baird of the Maryville Housing Authority explained some of the differences.

Most families who qualify for help are usually placed in the Margaret Davison Complex. Baird felt that they prefer the complex because it is new, well kept and because the major appliances and maintenance are supplied. "With the exception of one or two houses under the existing housing plan, the apartments do not compare with the apartments here at the complex," stated Baird. He also added, "If HUD would allow a ten percent increase, we could get better housing for students in the community.

"This 10 percent increase would bring our rent limitations much closer to the average rent asked by the landlords here in Maryville." Another advantage is that the complex offers a Community Center where ceramic and bridge classes are held, where there is a game room and where tenants can hold parties, showers, and family reunions.

There are money factors involved. Students who do not live in the complex receive a higher utility allowance than do complex dwellers, because their buildings are not as well insulated as the specially built complex apartments. Also, if the students can find a place to rent for less than the Fair Market Rent, the students' share of the rent will be reduced. There is no chance for this at the complex.

## The average rent for college student families is around \$60.

As in all government aid programs, there are certain conditions which a family must meet before they can qualify for the aid. The first and primary condition is that the family's income must be in the low-income bracket. This income is figured by averaging the present yearly income and the expected income for the next year. Once this income is determined, the Housing Authority subtracts all possible deductions from this amount. For example, the family can subtract \$300 for each child and five percent of the total income for the spouse if he or she is living with the family. Also, utility allowances are made. If the income falls into the low-income bracket after all possible deductions are made, the family may apply for aid.

Besides financial stipulations, the people applying must be a family. This could be a married couple, a couple and their children, or a divorcee and children. Also, elderly people over 65 can qualify for this aid. Baird added that usually second semester seniors are not accepted unless they will be attending graduate school. The reason for this is that by the time their application is accepted and they move in, they would only be there for one or two months.

If the family desires Existing Housing, the apartment they find must be under the Fair Market Rent range and the landlord must agree to the program by signing a contract with the Housing Authorities. The Fair Market Rent varies, depending upon



photo by Jerry Benson

Many students that are aided by the Maryville Housing Authority choose to live in the Margaret Davison Complex.

the size of the apartment. For example, the maximum rent (including utilities) which a landlord can charge is \$116 for a one bedroom apartment, \$138 for a two bedroom apartment, and \$153 for a three bedroom apartment and \$169 for a four bedroom apartment.

At present, the average rent for college student families is around \$60. There are 11 student families currently living in the complex and many more living in the existing housing plan. The program still has room for 20 more families; if housing can be found.

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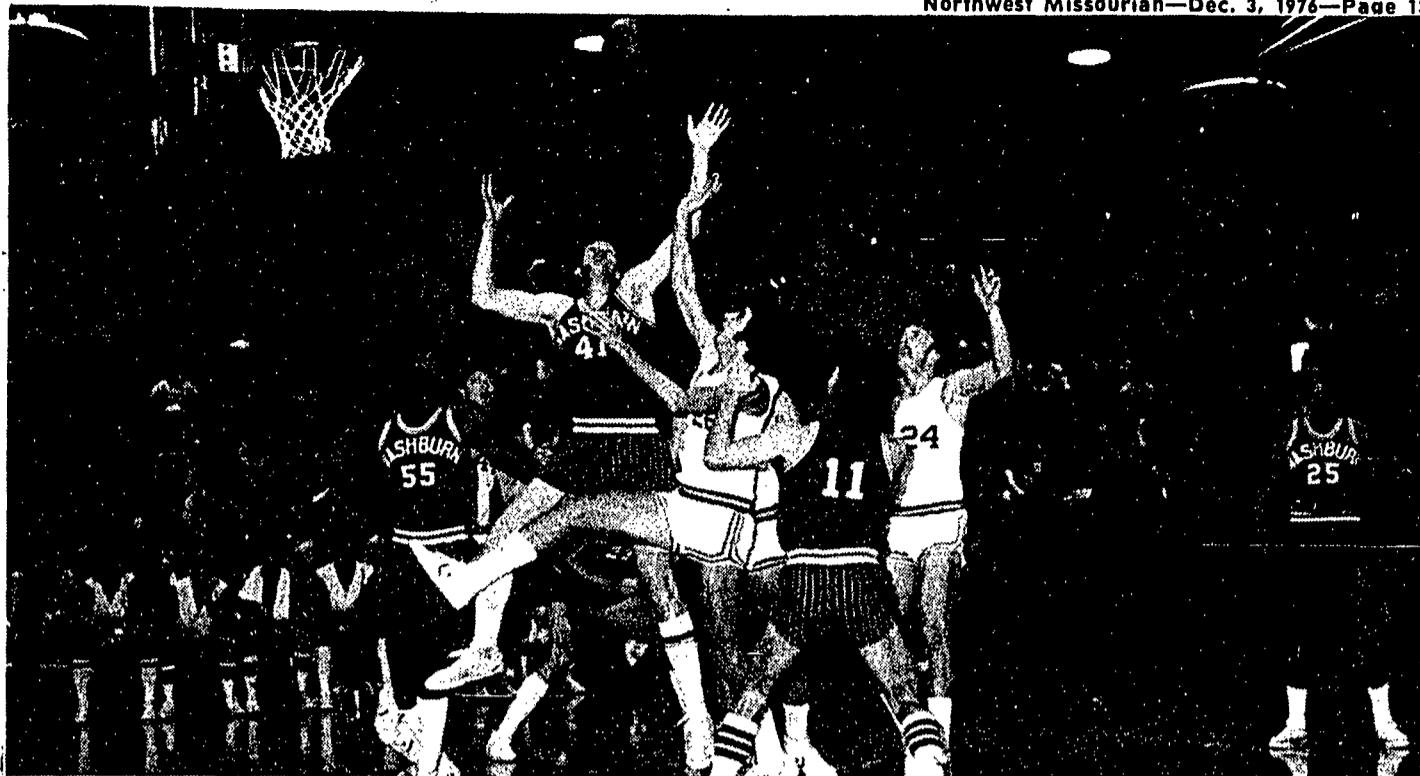
**Campus Radio AM-56 FM-106.1**

**KDLX Top Ten**

1. Tonight's The Night-Rod Stewart	7. Peace Of Mind-Boston
2. More Than A Feeling-Boston	8. Nights Are Forever-E. Dan and J. Coley
3. You Are The Woman-Firefall	9. Beth-Kiss
4. I Wish-Stevie Wonder	10. Sorry Seems To Be The Hardest Word-Elton John
5. Livin' Thing-Electric Light Orchestra	
6. It's A Long Way There-Little River Band	

A Bearcat cager fights for possession of the ball in the Nov. 29 game held here. The final score was 77-61 in favor of the 'Cats, which made their first win of the season.

photo by Jerry Benson



## Iglehart looks at season, goals

Jim Conaway

Sixth-year men's basketball Coach Bob Iglehart said his team has a surprise for their six MIAA opponents—and it won't be a pleasant one, either.

The way in which Iglehart wants to see his Bearcats surprise their conference opponents is by finishing higher than sixth-place in the seven-team league. Sixth-place is where Iglehart's opposing coaches predicted his team to finish when the seven MIAA basketball bosses gathered for their annual pre-season press conference Nov. 9 in Springfield.

"We're going to be stronger than people suspect, mainly because we've strengthened the area where we needed the most help, which is our forward and post positions," said Iglehart.

"Also, we have experience at the guard position on our side and our bench will offer good depth," added Iglehart.

The Bearcats, who will be trying to improve a two-season 2-22 league play and 13-35 overall record, will have an attack centered around NCAA Division II All-American hopeful David Alvey. Alvey was an all-MIAA first-teamer (NWMSU's first since 1971) and all-National Association of Basketball Coaches District V first team selection last season as a junior. He is NWMSU's all-time single season and career scoring leader, with 571 and 1,201 points, respectively.

Going into his final season, Alvey, the 6-5½ inch forward, is the only MIAA returnee to finish in the top 10 in scoring, rebounding, free throw and field goal shooting in last year's league stats.

Iglehart says he expects other teams to concentrate on stopping Alvey's mass point-production efforts this season, but he'll be hoping that other players pick up the slack when that happens.

According to Iglehart, players that will help boost NWMSU's bench strength are senior guard Dave Batten; junior guard Tim Bell, who won't be seeing action until January because of a pre-season battle with mononucleosis; senior forward Doug Deskin, who scored ten or more points coming off the bench seven times last season; freshman guard Armand Dyer from Iowa's Roosevelt High School in Des Moines; junior forward Don Edwards, who averaged 20 points in junior varsity action last year; freshman forward-center Tom Humphrey from St. Louis Parkway Central High School, who Iglehart said was recruited to play junior varsity basketball but has been a pleasant surprise by "more than holding his own in practice"; and junior guard Bob Sawicki from Iowa Western Community College, who Iglehart credits as "good shooter."

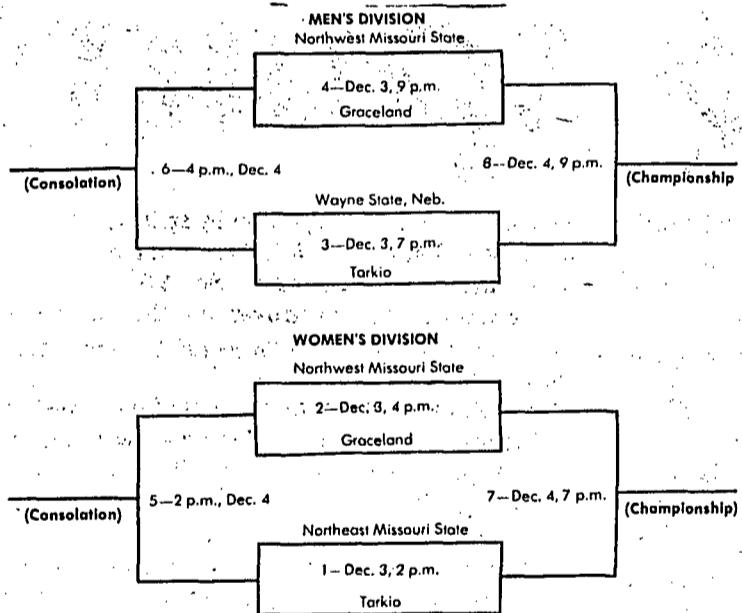
If the 'Cats are going to improve their 7-17 overall and 1-11 MIAA records of last year, they'll have to do it against five MIAA schools that had better than .500 records and sent two teams to NCAA Division II South Central Regional play. Plus, the non-

conference slate includes Missouri-Kansas City; William Jewell, Heart of America conference champs last season; Nebraska, third in the Big Eight last season by posting a 10-4 league and a 19-8 overall record; McKendree, 17-9 last season; Quincy, 23-9 last year; and Missouri-Baptist, 28-12 last season.

But Iglehart says last year's record is deceiving because his team lost six games by four points or less and that it won't happen this year if his team is willing to take control of crucial situations.

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Held tonight and tomorrow, the first Ryland Milner Invitational basketball tournament will be honoring the legend who served NWMSU for 38 years as a faculty member, athletic director and coach till June, 1975. Milner coached every men's sport at one time or another except wrestling, swimming, baseball and tennis. Milner also competed here from 1929-1933 in football and basketball.

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# Bearkittens to come on strong

Chris Horacek

Despite the loss of players the caliber of Luann Phillips and Suzi Sugg, and the fact that the team is being coached by a man who hasn't even seen a women's college basketball game, the future of the Bearkitten basketball program looks bright, according to first year coach John Poulson.

This year's 'Kitten squad will be out to capture their second straight MAIAW title in a row. The cast of returnees, lead by Trish Van Oosbree, Janet Cashsey and Julie Schmitz, will try to shoot their way from dream to reality.

During last year's 20-8 campaign, Van Oosbree netted 246 points with an 8.8 point game average, as well as leading the team under the boards with 295 rebounds. Cooksey, another key player last season, scored 256 points for a 9.1 average as well as grabbing 229 rebounds. Schmitz netted 234 points with an 8.7 average, as well as nabbing 133 rebounds from her guard spot.

Other 'Kittens who showed promise as well as seeing considerable playing time last season are forward Suzi Butt, Donna Haer and Betty Greiser, as well as guard B.J. Pratt.

Van Oosbree and Pratt are the only



## SPORTS

The Bearcat basketball team opened their 1976 season by splitting their first two games. The team lost to Rockhurst of Kansas City 75-71 there Saturday (Nov. 27) and defeated Washburn from Topeka, Kan. 77-61 here Monday (Nov. 29).

In their loss against Rockhurst, which came in an overtime, the 'Cats were paced by Dave Alvey and freshman center Mark Adams, who scored 19 points each. Doug Deskin, who played as a substitute, scored 15 points.

Against Rockhurst, the 'Cats playing without the services of their All-American candidate Alvey, who sat out because of a badly-bruised left heel, were led by guard Al Watson, who tossed in 27 points. Other high scorers were Miller with 13 points and freshman Armand Dyer, who scored 12 points.

The defending MIAA basketball champion Bearkittens opened their season by finishing second in the Turkey Tournament hosted by Southwest Missouri State in Springfield Nov. 28-29.

The Kittens — meeting three Big Eight schools — defeated Kansas 66-59; downed highly-regarded Nebraska 67-57; and lost in the waning seconds to Missouri 61-59.

Janet Cooksey and Julie Schmitz, who led the squad throughout the tournament, were selected to the all-tournament team.

The two wins and one defeat left NWMSU's women basketballers with 23-4 all-time record against Big Eight teams.



This year's Bearkitten squad includes, front row, from left: Julie Schmitz, Nancy Coughlin, Donna Wageman, Janet Cooksey, DeDe Miller, Cindy Schieber, B.J. Pratt. Back row, from left: Graduate Assistant Susan Sugg, Manager Sheila Othling, Connie McManus, Donna Haer, Betty Grieser, Janet Allen, Trish Van Oosbree, Tammy Andersen, Suzi Butt, Louise Mahlandt, Head Coach John Poulson.

seniors on the squad, but Poulson feels that it is good to have a nucleus of younger players. He believes that all the girls are mature players who have a good

basketball background.

Another reason for Poulson's "rosy outlook" is that the girls have been working hard over the past few weeks and he feels that this year's squad will keep up the school's tradition of being leaders in the state.

Some of the teams who could give the 'Kittens a run for their money are Central Missouri, who the 'Kittens edged by one point last year to capture the state crown, and Southeast Missouri, who has

mainly freshmen who could mature into a fine team. Poulson also claims that most of the teams have made improvements, and are playing the caliber of 'Kitten ball. Poulson plans to combat these obstacles by using a fast moving offense which runs a lot. He plans to use the team's quickness to the best of their advantage on offense and defense.

But, all things considered, Poulson is looking forward to a great season and claimed that the girls will "play their hearts out."

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# Nineteen Bearcats named to MIAA squad

Nineteen Bearcat football players were either selected to the first, second or honorable mention listings of the 1976 all-Missouri Intercollegiate Athletic Association squad picked by the league's seven head coaches Nov. 23, in Columbia.

Five players from first-year Coach Jim Redd's 8-2 team finished 4-2 in the MIAA and were named to the first team with two making the defensive squad while two were put on the offensive team and the other was selected as the punter.

Mark Vansickle and Dave Guerrero earned places in the defensive sec-

dary. Guard Mark Bowers and tackle John Maitz were recipients of offensive line honors. Marty Albertson, NWMSU's first 40-yard punter in ten years, earned one of the first team kicking spots as a punter.

Those selected to the second team were: quarterback Kirk Mathews; running back Steve Miller, who earned first team honors last season; tackle Mike Renfrow; kicker Steve Stokes; Albertson as a defensive back; defensive back Roy Gibson; and linebacker Greg Pretz.

Hummer, who missed a lot of conference action because of injuries.

Receiving mention spots were running back Dan Montgomery; center Roger Eaton; nose guard Tom Sumner; defensive tackle Joe Hederman; defensive tackle Charles Dieker; defensive end Mark Peters; defensive end Richard Hood; and linebacker Greg Pretz.

Picked as the league's most valuable player was Southeast Missouri State's kicking standout Mike Wood.

Joining the Bearcats on the offensive unit were: Northeast center Fred Haeger; Northeast guard Darrell Buffington; Southeast tackle Thom Watkins; Southeast tight end Gary Kornfeld; Northeast wide receiver Lloyd Henry; Southwest wide receiver Tom Hamilton; Northeast running back Steve Powell; Missouri-Rolla running back Terry Ryan; Central running back Ricardo Patrick; Northeast quarterback Steve Ramps.

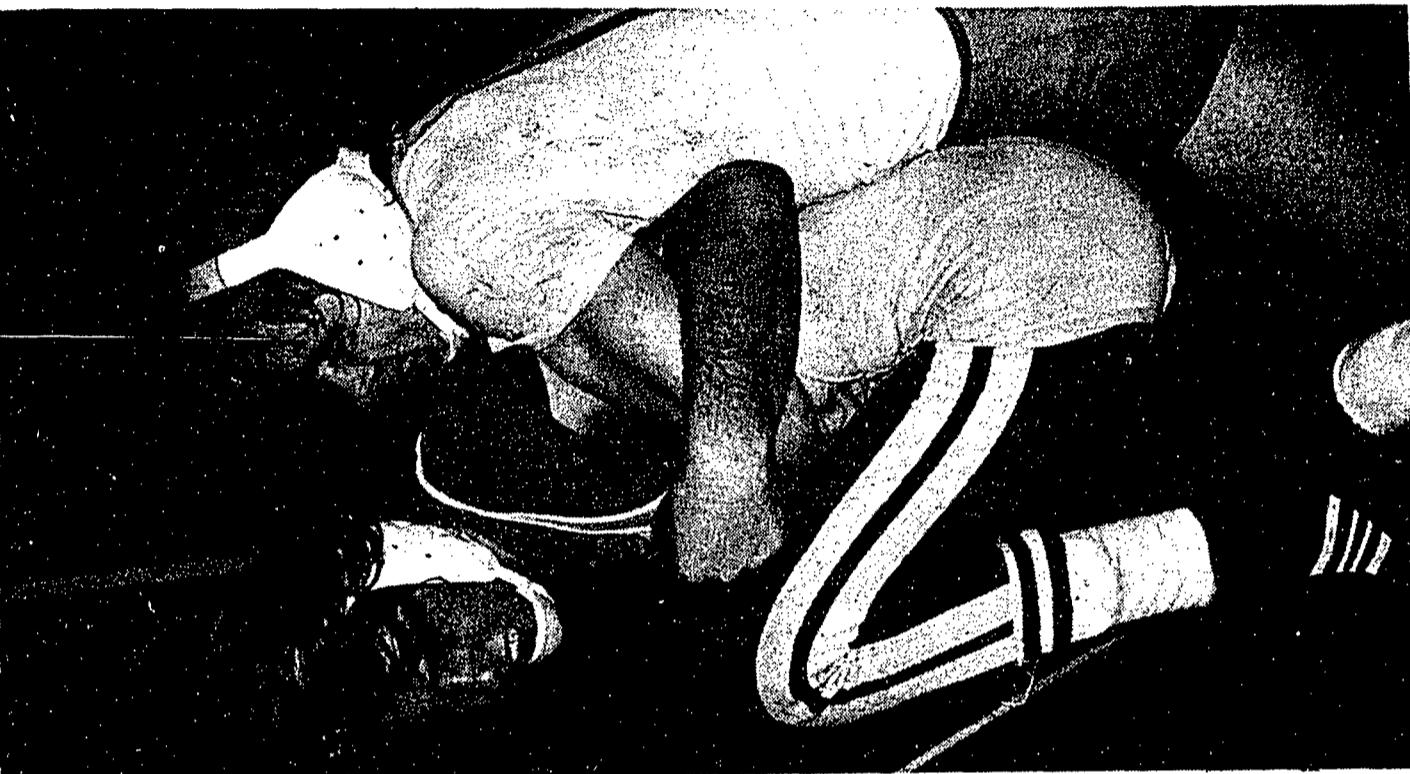


photo by Jerry Benson

## Grapplers prepare for first meet

Two wrestlers come to grips on the mat, as the NWMSU team prepares for a winning season. Main objective: to "keep in shape."

Chris Horacek

With a nucleus of 10 returning lettermen, all of whom have placed in conference competition, Coach George Worley is optimistic about this year's wrestling squad.

Staying healthy for the entire season will be a problem if the 'Cats are to capture their second MIAA crown with Worley at the helm.

Good health will be a challenge because of the 'Cats' tough schedule.

During the nearly five months of competition, the 'Cats will be facing some worthy opponents who have strong reputations as wrestling powers.

As far as entering the season, Worley said "We will be in shape, we always have been in shape."

During the season, good depth would prove to be valuable in case of injuries. Despite the fact that Worley feels the squad doesn't possess the depth he would like, he still feels that the second and

third unit wrestlers are as important as the first. But Worley sees promise in the younger wrestlers and stated, "They are good kids who work hard and they will have what it takes."

An important addition to the 'Cat program is assistant coach Kevin Burgess. Burgess is a former rival of the 'Cats from Lincoln University, where he earned All-American Honors while wrestling at 177 pounds. Coach Worley hopes that Burgess' aggressiveness will

rub off on the 'Cat wrestlers.

Burgess has been impressed with the 'Cats practices so far and explained, "Every night is like the trials of the state tournament, they've been practicing hard and quick."

Central Missouri and Lincoln University could cause trouble for the 'Cats in conference competition. But the pressure doesn't seem to bother Worley, who boasted, "We're going to make it this year."

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# THE STROLLER

Higher than the average student, an unidentified object is seen floating through the halls of the Student Union. Amazed students stop and stare. Is it a bird? Is it a plane? Is it a Bell Tower? No, folks, it's your Stroller up in the air at last!

Actually, he liked strolling around the campus. Although you couldn't exactly call it peaceful or relaxing, one will admit that it was challenging (rushing across campus in ten minutes — five of which were spent in the last class lecture and five of which were invested wisely (?) in conversation with a friend).

Yes, your Stroller enjoyed strolling and wouldn't have traded it for all the peanuts in Washington D.C. You see, your friend didn't make the decision to fly. Heavens, no! It wasn't his idea at all. The Stroller is a product of tradition. A drastic innovation of this kind could have hardly been conceived in his innocent mind. It was purely an accident (or an act of fate?) that got your Stroller up in the air.

It all started when the master of mischief and mirth just happened to be waiting in the cafeteria line like everybody else — behaving in a normal, socially acceptable

manner — when a young man, identifying himself as Santa Claus (wearing blue jeans and a T-shirt, he looked more like a typical college student to me), lifted the Stroller up in the air. Santa's lap, yes, but his shoulders? Although this situation was ridiculous, your friend was in no position to protest. In threats of kidnapping — Stroller-napping in this case, — the sturdy lad had no way of knowing that he was endangering a NWMSU tradition.

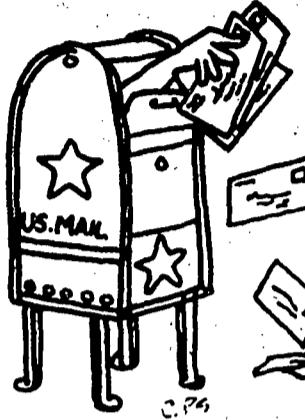
Fortunately, he suddenly set your frantic friend down again and walked back to the North Pole (or maybe his reindeer were awaiting on the Ad Building roof?)

As a professional student and age-old tradition of this University, the Stroller has been through many strange and exotic experiences, but this was one of the scariest. Suddenly your friend was afraid that, after all these years, the end was near... his time had come. However, all is again safe with only his head in the clouds. With a little luck, the next time your Stroller meets Santa it will be Christmas... and he will elevate your friend to a position no higher than his lap.

The Missourian staff welcomes all comments relevant to university life and those who live it. Please address all letters to Northwest Missourian, McCracken Hall, or we probably won't get it.

Limit commentary to 350 words and if you type it, you will earn our undying gratitude. Unsigned letters will not be accepted—however, we will withhold your name if you prefer. (We consider this the coward's way out, but we also understand that in many cases, this request is justified.)

We reserve the right to edit, but this doesn't mean that we will throw out your letter if we don't like it: M.M.



## CAMPUS FORUM

### Escorts-privilege or hassle?

Dear Editor:

Much to many students' dismay, the reform of the dorm policy concerning open hours on weekends has lingered too long. It is time for a decision; now.

There are many of us who do not wish to take part in social activities offered by the Greeks and local nightspots.

Hopefully, we can put an end to this dilemma by reasonably compromising the arguments for open hours on Friday and Saturday nights and those against them. A few suggestions: members of the opposite sex should be escorted to and from the living quarters after midnight. To make this possible without needling

the desks open, the receiving party should know before midnight if they are expecting guests. This will enable the guest to be met at the door and escorted to the room. Strict new rules could be instituted governing the conduct of those using this privilege so as not to infringe upon the rights of others. This would give

consideration for everyone involved.

College students are deserving of this right as adults are in any walk of life. We can find no rational reason why dorm residents are not allowed to lead normal lives, at least on the weekends.

Andrew Lord  
Kim Brown

## Iranian students share their plight

From the time the Shah came to power through the CIA coup in 1953, his regime has committed shameless and untold crimes upon the opposed masses of Iran.

Fascism and total suppression is the primary response of the Shah's regime to any opposition. Many thousands of progressive Iranians have been executed. Over 100,000 political prisoners from all strata of Iranian society are in jails. The Shah's repression is not limited to Iran but it has also extended its activities beyond the borders of Iran to suppress all the democratic opposition in general and the Iranian Student's Association in particular.

The major role of the suppression is given to "SAVAK" (the Shah's secret police) which was formed in 1956 with the

help of the CIA and the Israeli intelligence in order to keep the Shah in power by destroying any opposition.

The Iranian Students' Association in Europe and in the U.S. have exposed the Fascist regime of the Shah by means of demonstrations, conferences, cultural programs and by distributing literature to inform the people of the world about the real situation in Iran.

On November 3, 1976, the headquarters of the Confederation of Iranian Students was raided by the French police, and arrested the organizational secretary, (of CISNU) Nader Oskoie and Reza Takssiri, a member of CISNU, on totally fabricated charges of "shooting and wounding an Iranian diplomat" (Reuter). Four others were deported

immediately from France.

This conspiracy and its aims are not limited to France; it has international dimensions. The groundworks for such moves by SAVAK and CIA-FBI here in the U.S. can be seen in the criminal activities of SAVAK (which is documented by the Senate subcommittee hearings E5464 and E5463), the Shah's recent interview on CBS's "60 Minutes" and various articles by Jack Anderson.

However, one of the most recent indications of this collaboration were the events of Tuesday, Nov. 9, 1976, when the Houston police attacked a peaceful demonstration of Iranian students in front of the French Consulate. The police arrested 99 students on trumped-up charges.

The Iranian Students Association in the U.S. asks all progressive people to condemn the criminal activities of SAVAK in Europe and in the U.S.; in particular the joint conspiracy of SAVAK and the government of France against CISNU.

The ISA demands: 1. The drop of all fabricated charges, and immediate release of Nader Oskoie and Reza Takssiri in France. 2. Withdraw deportation orders against Kalem Kardevani and the three others and permit them to re-enter France. 3. Stop harassment of Iranian Students in France.

Iranian Students Association  
in Maryville

In the Nov. 5 issue, a letter to the editor from the Ethiopian Student's Union appeared. They would rather refer to themselves as "Ethiopian Students Union in North America, Maryville."

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